

A fun, free, family event!



# Keiki Bike Rodeo

at the Natural Energy Run 'n Ride!



This fun, free day of sustainability awareness is part of the Kona Earth Festival and sponsored by the Friends of NELHA (FON) and PATH ~ Peoples Advocacy for Trails Hawaii.

[www.keaholepoint.org](http://www.keaholepoint.org)  
[www.pathhawaii.org](http://www.pathhawaii.org)

## Saturday, May 10th

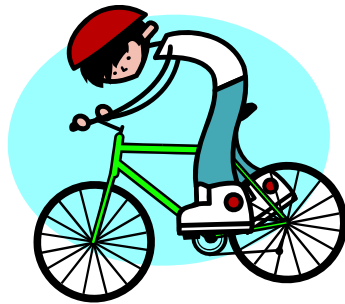
### NELHA Gateway Energy Center

FREE! Everyone is invited!

## Keiki Bike Rodeo

9:30am—10:30am

- Skills Course, Equipment Safety
- Helmets are required



part of the...

## Natural Energy Run 'n Ride

7:30am—2 & 4 mile fun run/walk

8:30am—Ride 'n Tie bike-run team event\*

Plus information on Safe Routes to School, Bike Repair Clinic, healthy picnic and much more fun!



Questions? Call John at 808-937-4101

or email: [johns88usc@yahoo.com](mailto:johns88usc@yahoo.com)

Mahalo to:



- The Ride 'n Tie event consists of two-person teams, who alternate biking and running over the distance of the course (approximately 4 miles). One team member starts off running while the other is on the bike.